



The Balance Cotemar Race is held in Ciudad del Carmen

December 10, 2025.

Ciudad del Carmen, Campeche.- As part of the Balance Cotemar program, with the motto "A Healthier Life is Our Goal", the Balance Cotemar 2025 Race was held with great enthusiasm on the Coastal Boardwalk of Ciudad del Carmen, Campeche, an event that brought together employees and their families with the aim of providing a space for physical activity and promoting a healthy lifestyle.

This year's event saw the participation of approximately 300 people, including 70 minors, who demonstrated their commitment to a healthy lifestyle. The race offered options for all ages and fitness levels:

- 5-kilometer race.
- 2.5-kilometer recreational walk.
- Four children's categories of 100, 200, and 400 meters, and 1 kilometer.

Also, during December this offshore race will be held in the gyms on the ships; the participation of more than 400 collaborators is expected.

The Balance Cotemar program promotes a culture of self-care and focuses on generating habits for developing a healthy lifestyle inside and outside the organization, based on six pillars: Nutrition; Physical Activity; Rest; Healthy Mind; Life Balance; and Community in Balance.

"Harmonious coexistence and the health of our employees and their families are essential pillars for generating comprehensive well-being and contribute to the full development of potential. The Balance Cotemar Race is part of the strategic initiatives aimed at strengthening the balance and quality of life of our work community," said a Cotemar source.

With activities like this, at Cotemar we foster the integral development of our people and their families, through events that promote family integration and the health care of our stakeholders.

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About Cotemar, S.A. de C.V.

EXPERIENCE, EFFICIENCY, PASSION AND SOCIAL EMPATHY DEFINE US

We are a 100% Mexican company founded in 1979 that provides comprehensive solutions for offshore exploration and production (E&P), from operational support to offshore design and construction projects.

Our experience and infrastructure, unique in the Gulf of Mexico, positions us as the best option, collaborating with our clients and helping them overcome their challenges, maximizing the return on investment.

Driven by our culture of collaboration and turning challenges into great opportunities. We execute projects safely, efficiently and on time, our more than 43 years of experience support us. One step to get it done and done right.

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